

Compassion

Generosity, Community service, Gentleness, Kindness and consideration



Colonel Halvorsen “the Candy bomber”

After World War II, Russia (then the Soviet Union) would not let food supplies reach Berlin. Pilots were sent to help fly in food and supplies. A US Pilot, Colonel Halvorsen noticed some children watching planes landing and taking off and he found two sticks of gum in his pocket and gave it to them. The hungry children divided the gum up into enough pieces so everyone had a small piece. Seeing this, Colonel Halvorsen promised to bring them sweets the next time he visited and would air drop the sweets from his plane. In order for the children to know it was him, he would wiggle the wings of his plane! He dropped many small parachutes made of handkerchiefs, each containing sweets. Colonel Halvorsen is remembered for his compassion for others and his humanitarian spirit.

Google Colonel Halvorsen or “the Candy bomber” to find out

When we witness an act of kindness or human goodness, it often triggers something within us. It is not just witnessing the act of kindness but also recognizing that it is an act of kindness.

Kindness is contagious. There is a clear connection between witnessing an act of kindness and the inclination to be kind. Kindness inspires people to be better versions of themselves, and encourages them to act selflessly towards others. Innately, no one wants to harm others. Instead, they want to treat others well and have a moral community where people treat each other as they are supposed to. The simple act of witnessing a stranger do a good deed to another stranger assures people that maybe they could be living in a world where people care for each other, and it pushes them to be better.

What act of kindness could you carry